Behavioral Health

Conclusion

Public Resources

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Life-threatening: EMERGENCY

Call 911 or go straight to the Emergency Department.

• Make sure to notify the 911 operator that it is a psychiatric emergency.

• Ask for an officer trained in crisis intervention or trained to assist people experiencing a psychiatric emergency.
Life-threatening: EMERGENCY

IME Addiction Access Center (844) 276-2777
• Provides information about substance use services along the full continuum of care throughout NJ. Open 24/7

National Suicide Prevention Lifeline: (800) 273-TALK(8255)
• Trained crisis counselors to speak with 24/7
Life-threatening: EMERGENCY

- Crisis Text Line – **Text NAMI to 741-741**
  To connect with a trained crisis counselor to receive crisis support via text message

- Juvenile/Family Crisis Intervention – (201) 336-7360
Non-life-threatening emergency

Bergen County’s Designated Psychiatric Emergency Screening Program:
(201) 262-HELP/4357 OPEN 24/7:

• They will connect you with a crisis specialist.
• They can come to your home and provide mental health evaluations/crisis intervention.
• They can provide counseling to determine the most clinically appropriate intervention.
Non-life-threatening emergency

N.J. Mental Health Cares: (866) 202-HELP (4357)

- New Jersey’s behavioral health information and referral service.
- They provide callers with information and connect them to the appropriate behavioral health and community services.
- Open Monday-Friday, 8 a.m.-8 p.m.
Non-life-threatening emergency

Reach N.J.  (844) 732-2465

• They help people with Medicaid or that are uninsured to find an appropriate inpatient facility.

• They also access state funding to expand the facilities available to you. Open 24/7.
Non-life-threatening emergency

S.P.A.N.
(Statewide Parent Advocacy Network) –
(800) 654-SPAN (7726)

Children’s Mobile Response Stabilization Services  (877) 652-7624
Find a Therapist in Your Area

1.) https://www.psychologytoday.com/us/therapists
2.) https://www.goodtherapy.org/find-therapist.html
3.) https://www.findatherapist.com/
4.) https://locator.apa.org/
5.) https://members.adaa.org/page/FATMain