



ENGLEWOOD HEALTH

September 2019

Dear Colleagues,

As September is Gynecologic Cancer Awareness Month, I am pleased to share highlights of the gynecologic oncology program and team at The Lefcourt Family Cancer Treatment and Wellness Center. Our gynecologic oncology division is nationally recognized as a leader in the treatment of women with cervical, uterine or endometrial, ovarian, and other cancers, and we have presented our work at national meetings. We are committed to seamless care and access for your patients, so please don't hesitate to contact us to help facilitate a referral or appointment.

Cervical and Ovarian Cancers

Our expertise includes the management of complex cases of cervical cancer. For example, we have extensive experience with performing the Syed-Neblett Template implants, a complex but effective method of delivering radiation directly to gynecologic cancers found in difficult-to-treat locations.

The gynecologic oncology program at Englewood uses a combination of aggressive surgical techniques, cutting-edge chemotherapy and targeted therapies and other modalities to achieve outstanding outcomes for patients with advanced ovarian cancer. In fact, our physicians have successfully treated several patients who were diagnosed with stage 3C and stage 4 disease (the most advanced disease). These patients now have no evidence of disease, an outcome that is typically uncommon.

Surgical Expertise: Robotic, Bloodless, Minimally Invasive

The gynecologic oncology program at Englewood is also internationally known for our work in patient blood management and bloodless surgery in gynecologic oncology. We have lectured extensively on this topic and have published six peer-reviewed publications related to blood management in gynecologic surgery, including a practice-changing and international award-winning study describing the safe and effective use of cell saver in the laparoscopic setting. Dr. Nimesh Nagarsheth, Medical Director of Gynecologic Oncology, has developed an international reputation in patient blood management with patients routinely traveling across the United States and from overseas to benefit from the surgical expertise in performing complicated transfusion-free complex gynecologic surgeries.

Dr. Nagarsheth, who is also Medical Director of Robotics at Englewood Health, is known nationally and internationally in the field of gynecologic oncology and minimally invasive surgery and specifically robotic surgery. He is one of the first gynecologic oncologists in the New York /New Jersey region to reach the milestone of performing 1,000 robotic surgeries.

Disease Management Team Leaders

All patient cases are reviewed at our Gynecologic Cancer Conference for a multidisciplinary opinion. In addition to Dr. Nagarsheth, our team consists of Drs. David Dubin and Mei Zhang (radiation oncology), Maxwell Janosky (medical oncology), Ana Burga (pathology), and Mark Shapiro (radiology).

Patients also benefit from the access to a dedicated nurse navigator, high-risk genetic counselors, and experts in other ancillary and supportive services to help them in their recovery.

Integrative Medicine

We are fortunate to also have on our team Dr. Tracy Scheller, a gynecologist who also serves as the medical director of our Graf Center for Integrative Medicine. This center is a unique place, offering traditional and complementary therapies to help patients heal. Dr. Scheller and her team employ evidence-based modalities such as nutrition counseling, acupuncture, massage therapy, meditation, yoga, and Reiki. She also offers in-network consultations with patients, partnering with them to improve their eating habits and digestion, sleep patterns, exercise habits, stress levels, spirituality, relationships with family, friends, and work, as well as their overall feelings in their surroundings and their upkeep with medical visits.

Referrals

We are honored to care for your patients in need of oncology consultations or treatment. We welcome the opportunity to continue this care with the optimistic hope for improvement in survival and quality of life for women with cervical, ovarian, endometrial, and other gynecologic cancers. To refer a patient to our women's cancer program, please call our main cancer center phone number, 201-608-2266. Please do not hesitate to contact me at any time if I can be of assistance.

Thank you,

A handwritten signature in blue ink that reads "Steven Brower, MD". The signature is fluid and cursive, with a long horizontal line extending from the end.

Steven Brower, MD, FACS

Medical Director

The Lefcourt Family Cancer Treatment and Wellness Center

Chief of Surgical Oncology and HPB Surgery

Professor of Surgery